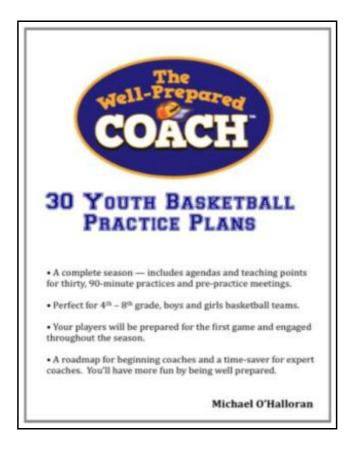
The Well-Prepared Coach - 30 Youth Basketball Practice Plans



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Reviews

If you need to adding benefit, a must buy book. It really is writter in straightforward words and phrases rather than difficult to understand. Your life period is going to be change the instant you total reading this ebook.

(Letha Okuneva)

THE WELL-PREPARED COACH - 30 YOUTH BASKETBALL PRACTICE PLANS



Lulu.com, United Kingdom, 2010. Paperback. Book Condition: New. 274 x 204 mm. Language: English . Brand New Book ***** Print on Demand *****. This book will provide youth basketball coaches a roadmap - with thorough directions - on how to conduct a season s worth of basketball practices. Be prepared to teach your players not only individual and team basketball skills, but also some important life lessons: the value of hard work, the importance of sportsmanship and the power and magic of teamwork. Perfect for 4th - 8th grade basketball teams, both boys and girls. Includes: / 30, ninety-minute practice plans. Exercises, explanations and teaching points. 30 agendas and talking points for pre-court time meetings. / A Driveway Workout for your players off-season efforts. / The Special Play - a simple play that results in a surprising number of open lay-ups in games. Your players will be prepared for the first game and engaged throughout the season. Make the best use of your time together.

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